

Black History Month – 21 Day Challenge

This pack originated by Dr Eddie Moore Jr provides resources to use in bitesize chunks to learn more about Black History.

Day 1

How to be a true ally, with Obioma Ugoala

Watch or Listen (4 mins)

https://twitter.com/PoliticsJOE_UK/status/1268264740171759616

Day 2

About Race, with Reni Eddo-Lodge

Listen (45 mins)

<https://www.youtube.com/watch?v=CEG-U4TnuDM>

Day 3

Looking Like A Lawyer, an article by Tsedale M. Melaku

Read (8 mins):

<https://hbr.org/2019/08/why-women-and-people-of-color-in-law-still-hear-you-dont-look-like-a-lawyer>

Day 4

Black, British & Jewish, an article by Lara Monroe

Read (5 mins):

[How I Celebrate Black History Month As A Black British Jew | HuffPost UK Life](https://www.huffpost.com/entry/how-i-celebrate-black-history-month-as-a-black-british-jew)

Day 5

Time to Speak Out with Human rights lawyer Dexter Dias QC

Watch or listen (21 mins):

<https://www.youtube.com/watch?v=DrAaHpoaLlc&feature=share>

Day 6

White Privilege/There Are No Black People in Africa

Watch/Listen (3 mins)

[What is white privilege? - BBC Bitesize](#)

Read (5 mins)

<https://medium.com/an-injustice/there-are-no-black-people-in-africa-84fbeabb39c6>

Day 7

Death by 1000 Cuts

Watch (2 mins)

<https://www.independent.co.uk/life-style/microaggression-meaning-definition-racism-black-lives-matter-george-floyd-a9568506.html>

Day 8

You Clap For Me Now

Read (9 mins)

https://www.youtube.com/watch?v=gXGlt_Y57tc

Day 9

#BlackInTheOffice

Read (7 mins)

<https://www-stylist-co-uk.cdn.ampproject.org/c/s/www.stylist.co.uk/long-reads/black-hashtags-activism-microaggressions-online-black-lives-matter-racism/412830/amp>

Day 10

Three Pounds in My Pocket

Listen - you have to create/sign in to your BBC Sounds account (28 mins)

<https://www.bbc.co.uk/sounds/play/b065vsdv>

Day 11

Speaking the Truth

Read (7 mins)

<https://www.theguardian.com/commentisfree/2019/mar/28/confronting-racism-is-not-about-the-needs-and-feelings-of-white-people>

It's Easier To Be A Parent This Morning

Read (3 mins)

<https://www.theguardian.com/us-news/2020/nov/07/cnn-van-jones-tears-joe-biden-victory>

Day 12

Race & the Employment Justice System

Read (7 mins)

<https://www.gardencourtchambers.co.uk/news/do-black-lives-matter-in-the-employment-justice-system>

Day 13

Letter to Zion

<https://www.crowdfunder.co.uk/lettertozion/read-the-letter>

Read (11 mins)

Day 14

"Cause Maximum Disruption"

[Leila Hassan Howe: 'My life was made hell. You'd just hear a tirade against immigrants' | Activism | The Guardian](#)

Read (12 mins)

Day 15

Covid's Racial Impact

[Watch: Covid is running along racial lines - IPPR on Channel 4 News | IPPR](#)

Watch (5 mins)

Ethnic inequalities in Covid-19 are playing out again – how can we stop them?

[Read: Ethnic inequalities in Covid-19 are playing out again – how can we stop them?](#)

Read (15 min)

Day 16

A Promised Land

Listen - you have to create/sign in to your BBC Sounds account (31 mins)

[A Promised Land by Barack Obama - Barack Obama Talks to David Olusoga - BBC Sounds](#)

Day 17

You Can't be 'Impartial' About Racism

Read (5 mins)

[You can't be 'impartial' about racism – an open letter to the BBC on the Naga Munchetty ruling | BBC | The Guardian \(ampproject.org\)](#)

Day 18

The Mangrove Nine

Listen (26 mins)

<https://www.theguardian.com/news/audio/2020/oct/15/the-story-of-the-mangrove-nine>

Day 19

Not-racist v anti-racist

Watch (3 mins)

[Not-racist v anti-racist: what's the difference?](#)

Black Woman First, Then Athlete

Read (6 mins)

["I've Been A Black Woman Longer Than I've Been An Athlete": Katarina Johnson-Thompson On Her Personal Battle Against Racism](#)

Day 20

What is Racial Literacy?

Read (5 mins)

[Racial Literacy: What does it mean?](#)

Test Your Unconscious Bias

Read (10 mins)

[Test your 'unconscious bias': How do you judge other people? | ITV News](#)

Day 21

Black Doll White Doll

Watch (9 mins)

[Doll Test - YouTube](#)